

REGISTRATION FORM
EFFECTIVE OVERHEAD CRANE OPERATING SAFETY

Please tick the venue you wish to attend

21 MAY 2012 SEBERANG JAYA / PRAI, SUNWAY HOTEL
 30 MAY 2012 KUALA LUMPUR, DORSETT REGENCY HOTEL

* Please do not remove label * If undelivered to address, please forward to your organization's Manager or Personnel / Training Department

<p>1 Name</p> <p>Position</p> <p>E-Mail</p>	<p>3 Name</p> <p>Position</p> <p>E-Mail</p>
<p>2 Name</p> <p>Position</p> <p>E-Mail</p>	<p>4 Name</p> <p>Position</p> <p>E-Mail</p>

Approving Manager

Company Name

Address

City

Postcode

Tel

Fax/Tlx

Contact Person

E-mail

Early Bird Discount
The fee is RM540.00 per person.
PENANG - Register by 7 May 2012
KUALA LUMPUR - Register by 16 May 2012

Course Fees
The fee is RM590.00 per person. Full fee is required with your registration. The fee includes luncheon, coffee / tea breaks and training materials. Special discounts are available for 5% - 2 to 3 persons 10% - 4 and above

Venue
TIMES reserves the rights to relocate the training venue without prior notice.

Written Cancellation
Registration cancelled 14 days prior to the event are subject to a RM100 service charge. There will be no refunds for notice received less than 14 days prior to the event. A substitute maybe made at any time at no extra cost.

SBL Scheme
Companies must apply directly to HRDF. SBL Scheme will be based on the individual merit of each application.

Practical Course Manual
Delegates will receive a set of practical manual of the lectures. It will be a useful source for your own reference as well as your organisation.

THE TIMES CERTIFICATE OF COMPLETION
Delegates who successfully complete this course will be awarded A Certificate of Completion. This serves as an evidence of your professional commitment to your career.

COURSE TIMINGS
Registration : 8.30am
Course Starts : 9.00am
Morning Coffee : 10.30am
Lunch & Zohor : 1.00pm to 2.00pm
Course Ends : 5.00pm

Times
TIMES Management Training Sdn Bhd (456329-U)
KUALA LUMPUR - Call Ms Jane 36, Jalan Putra Bahagia 8/3M, Putra Heights, 47650 Subang Jaya, Selangor
Tel: 03-5192 0620 H/P: 019-410 0620 Fax: 03-5192 0820 E-mail: jane@timesnet.com.my
PENANG - Call Ms Kym 10 Tingkat Riang, Taman Riang, 12300 Butterworth
Tel: 04-323 1286 H/P: 019-410 1286 Fax: 04-324 9110 E-mail: kymleng@timesnet.com.my

MAY 2012
VOL 5

1-DAY COURSE ON
**EFFECTIVE
OVERHEAD
CRANE
OPERATING
SAFETY**

21 MAY 2012 SEBERANG JAYA / PRAI, SUNWAY HOTEL
30 MAY 2012 KUALA LUMPUR, DORSETT REGENCY HOTEL

100% Claimable from HRDF

MAIN FOCUS ON

- Legislation
- Mass Weight Calculation
- Slings Methods
- Type Of Bridge And Gantry Cranes
- Features Of Bridge Or Gantry Cranes
- Controls
- Hoist Limit Switch
- Brakes
- Operation
- Maintenance Safety Procedures
- Communication
- Sheaves And Drums
- Lifting Equipment
- Lifting Gear
- General Safety

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<p style="text-align: center;">COURSE CONTENT</p> <p>1. LEGISLATION</p> <ul style="list-style-type: none"> • Occupational Safety and Health Act (Act. 154) • Factories and Machinery Act (Act. 139) <p>2. MASS WEIGHT CALCULATION</p> <ul style="list-style-type: none"> • Metric Conversion • Approximate mass Weight of Material • Area Surface of Material • Volume of Material • Derivation of Load Weight <p>3. SLINGING METHODS</p> <ul style="list-style-type: none"> • General Slings Practice • Safety Factor • Angle Factor • Determination of Sling Angle • Load Factor • Single Sling • Basket Hitch • Multiple Sling • Derivation of Safe Working Load • Derivation of Maximum Load <p>4. TYPE OF BRIDGE AND GANTRY CRANES</p> <ul style="list-style-type: none"> • Bridge Crane • Gantry Crane • Semi-Gantry Crane <p>5. FEATURES OF BRIDGE OR GANTRY CRANES</p> <ul style="list-style-type: none"> • Working load limit • Long travel • Cross travel • The hook block • The sheaves • The control cabinet • The resistor banks • The main isolating switch • Buffer stops • Earth wire • The cabin • The pendant control • The directional compass 	<p>6. CONTROLS</p> <ul style="list-style-type: none"> • Cabin controls • Remote controls • Pendant controls <p>7. HOIST LIMIT SWITCH</p> <p>8. BRAKES</p> <p>9. OPERATION</p> <ul style="list-style-type: none"> • Raising and lowering • Start and stop • Chasing the hook • Do not plug • Electrical faults • Pre-checks prior to turning on the main switch • Pre-checks inside the cabin and the pendant control • Cross control motion • Long control motion • Hoist motion <p>10. MAINTENANCE SAFETY PROCEDURES</p> <p>11. COMMUNICATION</p> <ul style="list-style-type: none"> • Standard hand signal • Two way radio <p>12. SHEAVES AND DRUMS</p> <p>13. LIFTING EQUIPMENT</p> <ul style="list-style-type: none"> • Chain • Synthetic webbing belt • Flexible steel wire rope • Fibre rope <p>14. TYPE OF BRIDGE AND GANTRY CRANES</p> <ul style="list-style-type: none"> • Bridge Crane • Gantry Crane • Semi-Gantry Crane <p>15. GENERAL SAFETY</p> <ul style="list-style-type: none"> • Personal responsibility • Personal protective Equipment
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WHO SHOULD ATTEND

- Crane operator
- Production Supervisors
- Maintenance Supervisors
- Crane's Mechanics / Technician
- Safety and Health Officer

How you can improve your job performance after attending this seminar...

1. Take precautions and measures to prevent accidents with the movements of loads handled by a crane.
2. Being able to identify all lifting devices.
3. Ensure crane operate within limits set by the rated chart.
4. To determine load weight and S.W.L. slings.
5. Conduct pre-operational checks to the crane.
6. Identify danger areas.
7. Safety and efficiently use lifting gears.
8. Knowing the standard crane signals.
9. Learn the shut down procedures.

COURSE LEADER

SUNNY NG KIN SAN, is the approved Trainer and Assessor by the Department Occupation Safety and Health Malaysia (JKKP), National Institute Occupation Safety and Health Malaysia (NIOSH), Construction Industry Development Board Malaysia (CIDB). Sunny obtained Assessor and Competency Certificate for CO-Mobile Crane-Crawler Crane (Open), and CT-Tower Crane (open), DG - Rigging and Slings and FT - Forklift from Australia Skill Training Pty. Ltd.

Sunny also serve as SIRIM Permanent Committee Member of Cranes & Lifting Devices and CIDB National Occupational Skill Standard Committee Member for Cranes, Signal Man, Rigging, Crane Inspection and crane Supervisor.

He has more than 30 years of industrial experiences in machinery operating, training and consultancy.

Great cost saving with in-house training!!!

This course can be presented to you as per your own company's specific Training requirement. This definitely allows you to TRAIN MORE STAFF AT A MUCH LOWER COST and furthermore helps PRESERVE INTERNAL CONFIDENTIAL INFORMATION.